Hello Wonderful Family Kampers,

It is time again to start preparing for this year's Family Kidney Kamp sponsored by the Great Salt Lake Truck Show! Camp this year will be held the weekend after Labor Day (September 6th, 7th, 8th, 2019). We are excited to have you back for a weekend of fun and relaxing family time. Family camp is available for kidney dialysis and transplant patients and their **immediate family only** and has a limit of 8 campers per group.

There are a couple of important news items for this year's Kidney Kamp:

1. Aspen Grove is currently renovating all of their family cabins and will not have any available for us this year, therefore, all families will be staying in the Aspen and Beckham Lodges.

2. We are excited to offer early morning yoga therapy Saturday morning from 7:00 am to 7:45 am in the Aspen Lodge.

All members of your group (even if they are not staying the night) will need to fully fill out and sign an application form in order to participate in any Kamp activities. **The registration deadline is Friday, August 30, 2019**, and costs $30 per group. Kamp tends to fill quickly, so please send your applications and payments as soon as possible. If you have trouble paying your $30 group fee for any reason please call our office, we really want you to attend and have programs in place to cover the fee for you.

Please feel free to contact us if you have any questions. We look forward to seeing you all soon and hope you are having a great summer!

Sincerely,

Heidyn Mouritsen
Director of Special Events

Kamp Schedule

Friday, September 6th

4:00 pm	Arrival and check-in
6:15 pm	Dinner and camp orientation
7:15 pm	Entertainment
9:00 pm	Games in cabins
9:30 pm	Quiet time throughout camp

Saturday, September 7th

7:00 am	Early morning yoga therapy
8:00 am	Breakfast
9:00 am	Arts, crafts, & games (kids 3-11)
9:15 am	Motivational speaker (ages 12+)
10:30 am	Patient support group
12:00 pm	Lunch
1:00 pm	Free time, Bingo, Aspen Follies
5:00 pm	Dinner
6:15 pm	Entertainment
9:30 pm	Quiet time throughout camp

Sunday, September 8th

8:00 am	Breakfast
9:00 am	Packing and cabin clean-up
10:00 am	Checkout

Registration Information

Cost is $30 a family (limit 8 campers per group) and is designated for kidney dialysis or transplant patients and their immediate family members only.

Single campers are invited to bring a friend.

To register, fully complete and sign registration/release form for each camper/day attendee and return by Friday, August 30, 2019.

The group fee may be mailed to our Provo office and must be mailed by August 31, 2019.

checks made to National Kidney Foundation of Utah & Idaho

National Kidney Foundation™
of Utah and Idaho

The National Kidney Foundation of Utah & Idaho is a nonprofit organization funded fully by the public to help kidney dialysis and kidney transplant patients and their families.

The NKF of Utah & Idaho provides patient services, medical research and community education programs throughout the state.

For more information about the Truck Show Family Kidney Kamp, please contact Heidyn.

National Kidney Foundation of Utah & Idaho
3707 North Canyon Road, Suite 1D
Provo, UT 84604

Phone: (801) 226-5111
Fax: (801) 226-8278
Email: Heidyn@kidneyut.org

GREAT SALT LAKE TRUCK SHOW

Special thanks to the wonderful Truck Show Committee for making Kamp possible!

The Great Salt Lake Truck Show has been funding Kidney Kamp for 30 years. Please show your support by attending this year's show.

August 9th and 10th, 2019 at Thanksgiving Point's Electric Park. Attendance is free for all.

Please visit www.saltlaketruckshow.com for more information or call 801-226-5111.

The Great Salt Lake Truck Show Family Kidney Kamp

September 6th, 7th, and 8th, 2019

The Great Salt Lake Truck Show Family Kidney Kamp

The National Kidney Foundation of Utah & Idaho would like to invite kidney dialysis and transplant patients and their immediate family to the Great Salt Lake Truck Show Family Kidney Kamp in the spectacular mountain setting of Aspen Grove (located in Provo Canyon), September 6, 7 and 8th, 2019.

Camp activities planned this year include nature hikes, yoga therapy, swimming, basketball, racquetball, miniature golf, fishing (for children under the age of 12), rappelling, "Aspen Follies," music, karaoke, and more.

Families will stay in individual lodge rooms at the base of Mt. Timpanogos and enjoy prepared dialysis friendly meals served in the Aspen Lodge. Children ages 3-11 will enjoy arts and crafts classes Saturday morning.

Please note that Aspen Grove requires campers to adhere to standards of no smoking or drinking alcohol on the premises.

For more info, please contact the National Kidney Foundation at (801) 226-5111.

IMPORTANT Announcements for 2019 Kidney Kamp

1. The cabins are being renovated, therefore, all campers will be staying in the Aspen and Beckham Lodges.
2. We are very excited to offer early morning yoga therapy Saturday at 7:00 AM - 7:45 AM in the Aspen Lodge.

Deadline for registration Friday, August 30, 2019

Please fill out a registration form for every person in your group

First Name: _____

Last Name: _____

Address: _____

_____

Email: _____

Phone: _____

Previously Attended? ☐ Yes ☐ No

We plan on staying... (please check one)

☐ Friday night only ☐ Saturday night only

☐ Both nights ☐ Sat. afternoon only

Age: _____

I am a... (please check one) (patients only)

☐ Dialysis patient ☐ Transplant recipient

If dialysis - modality: _____

Physical limitations:_____

_____

_____

Allergies (insects, animals, plants, foods, medications, etc.): _____

_____

_____

Dietary restrictions: _____

_____

_____

Additional health information: _____

_____

_____

_____

List of current medications_____

_____

_____

_____

Social worker: _____

Physician's name: _____

Physician's phone number: _____

Emergency contact: _____

Contact's phone number: _____

Participant Release and Waiver: I hereby affirm that I have given correct information and give my consent to engage in camp activities such as hiking, repelling, swimming, fishing, sports & games, arts & crafts, dancing, and field trips on and off camp property. I acknowledge that these activities can be inherently dangerous, and am willing to assume all risk voluntarily. In the event of an emergency, I hereby give permission to reach (name and phone number listed above) and give them authority to make the necessary decisions in the case that I must be hospitalized, given anesthesia, injection, surgery, or any other emergency medical treatment. I hold Aspen Grove and the National Kidney Foundation of Utah & Idaho harmless from any injury, illness, or accident that occurred while at camp. I also give the National Kidney Foundation of Utah & Idaho permission to use my/my group's photographed or video taped image in its public education and fund raising efforts.

Signature: _____
(parent signature if camper is a minor)

Date: _____